

The 7 Intangibles for a Meaningful Retirement

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The seven intangibles in retirement are:

- Happiness
- Fulfillment
- Balance
- Satisfaction
- Success
- Significance
- Security

Happiness

- It's about changing our perspective of what we want which we think is enough.
- Happiness is not about a material possession.
- Happiness is not about having more and more, it is actually a state of mind to be happy with what you currently have.
- There are two things that can really make you happy. There are people who really genuinely love you and you being healthy in your life.

Fulfillment

- Fulfillment is to optimize the use of your ability.
- When you do things that you love, your heart, your mind and your hands will be channeled to express your soul in what you are doing.
- If you achieve this kind of level in what you are doing, it actually energize you every day instead of depletes your energy, depletes your soul.
- It engages your hand, your mind and your heart.
- You taste this kind of work or vocation, you never want to simply make a living or earn money just to make a living anymore.

Balance

- It's about threading a thin line between too much and too having not enough.
- You may know some people who are too busy in earning money and supporting their family that they never see their family, such an irony.
- Balance is about the simplest analogy to explain it in a more simple way in one line, is it worth when it comes to spending your time away and too busy in earning money to support your family, when you never really see or communicate or have a quality time or relationship with your family at all.

Satisfaction

- Satisfaction is about quality of your effort and relationship.
- It's about an issue of quality over quantity.
- It's not about the time you spend but it's about the quality of time spent with your loved ones. It is also about what you are currently doing of having that kind of conviction about what you are doing and the impact and the meaning to what other people are towards the world.
- It is about appreciating the things you do now and above striving it to do better than today.

Sense of Security

- The sense of security is about the freedom to pursue your goals.
- Money is important here because having the money provides you with autonomy and gives you everything to call your own shots.
- It also provides more certainty of having and maintaining the kind of autonomy and having the options to change course.
- It makes the expected events of life more bearable and that you can afford the best health care and whatnot, so that is the kind of security that we as a every human being is looking for.

Significance

- It's about making the best use of your time.
- It's about making a difference not channeling the use of your time to delivering impact or difference in other people's lives.
- Charity and volunteer work
- If you are really not able to feel with deep insight you, how, what you are doing benefit others and you actually let the significance, it makes you feel very unhappy and whatnot especially when it comes to retirement stage.

Success

- It's a satisfaction of reaching your goals. It's a very personal thing.
- You will achieve a higher level of contentment once you reach that goal that you've set previously rather than not having set any goal at all.
- The success is always about three levels of things. It's a lot people thought, is about possession or net worth or retirement nest egg.