

# The Non-Monetary Preparation for Retirement

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## The Non- Monetary Preparation for Retirement

- Many people are so occupied with getting out of a career trap that they seem to care little about what happens after the quit.
- Even heading out for a short weekend trip you might want to arrange for hotel accommodation.
- You might want to consider where are the best place you can save the local food. Retirement uses the same analogy.

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## Saving for future is equally as important as having a vision for the future

- When it comes to retirement money has no value in itself.
- Money is only useful in the terms of what you can do with it. Number crunching alone will not do the job.
- This is very important, so you be having a successful transition from a preretirement stage to a retirement stage without a vision of what you were going to do, you will feel very lost.

# The Visioning Matrix

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- Visioning is one of the three pillars, vision is important because successful retirees retire to something instead of retire from something. Creating a vision is very important.
- You wonder what the rest of your life will look like and this is the critical part of developing a sort of mentality before we even talk about the figures alone.
- The retirement visioning matrix really look at what are the kind of activities that you want to do during the retirement stage.

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## When it comes to the non-monetary preparation for retirement, it is about balance.

Finding a balance between what you are doing now and what are the allocation of time you're spending between all the following activities:

- Work
- Health
- Personal Growth
- Sleep
- Self- Time
- Family/ Friends

## Meaningful pursuit in Retirement

- Meaningful work is about using the best of your talent and ability and access your expertise, something that makes you enthusiastic, something that benefit others.
- Meaningful work could be something that makes you energize every day and meaningful but also could mean something that makes you feel growth or personal growth even at your current age.
- It is also about the quality of people that you work with.